

Choreographers: Karen & Ian Charlesworth — 6 Redvers Road, Salisbury Park, South Australia 5109
 Record: Roper 272 B (Flip of Moon River)
 Footwork: Opposite Throughout, Directions for Man unless noted in parentheses
 Level: Waltz Phase 2 + 1 (Hover)
 Sequence: Intro A. B. C. A, B, C. A, B, C, D, Ending (February 1992)

My Cup Runneth Over

PALOMINO
 1050 Toulon Drive
 MARION, OHIO 43302
 1-800-328-3800



Meas **Intro**
 1 - 4 **WAIT CLOSE WALL**;;;;
 1 - 2 wait 2 meas close wall;;
 3 - 4 rpt intro meas 1-2;;
 5 - 8 **BOX;; DIP & TWIST; REC & TCH;**
 5 - 6 fwd L, sd R, cl L; bk R, sd L, cl R;
 7 - 8 dip bk L coh and twist body 1/4 LF; rec R, tch L to R, -;

Part A

1 - 4 **LF TRNG BOX**;;;;
 1 - 2 fwd L trng to fc lod, sd R, cl L; bk R trng to fc coh, sd L, cl R;
 3 - 4 fwd L trng to fc rlod, sd R, cl L; bk R trng to fc wall, sd L, cl R;
 5 - 8 **HOVER TO SCP; MANUV SD CL; 2 RF TRNG WALTZES TO CP WALL**;;
 5 - 6 fwd L, sd rise to ball of foot R rec L to scp lod; fwd R trng rf to cp rlod, sd L, cl R;
 7 - 8 bk L trng rf fc coh, bk & sd R cont trn fc lod, cl L; fwd R trng 1/4 rf fc wall, sd L, cl R;

Part B

1 - 4 **WALTZ AWAY; PKUP SD CL TO SCAR; PROG TWINKLE; MANUV SD CL;**
 1 - 2 fwd away fm ptr L, R, cl L; fwd twd ptr R pkg W up to scar dw, sd L, cl R;
 3 - 4 xLif (W xib), sd R, cl L to bjo dc; fwd R (W bk) trng rf to cp rlod, sd L, cl R;
 5 - 6 **2 RF TRNG WALTZES TO 1/2 OP**;;
 5 - 6 repeat meas 1-5 part A and end in 1/2 op.,

Part C

1 - 4 **FWD WALTZ; MAN ROLL ACR TO L 1/2 OP; LADY ROLL ACR; FWD WALTZ;**
 1 - 2 fwd L, fwd R, cl L; fwd R trng rf fc rlod, sd L cont trn fc lod, cl R (W sip L, R, L) to left 1/2 op;
 3 - 4 sip L, R, L (W fwd R trng rf fc rlod, sd L cont trn fc lod, cl R); fwd R, fwd L, cl R;
 5 - 8 **2 SOLO TRNG WALTZES TO CP WALL**;; **SD, DRAW, TCH; SD, DRAW, TCH;**
 5 - 6 fwd L trng lf (W rf) to fc coh releasing hands, sd lod R cont trng lf to fc rlod, cl L; bk lod R to fc wall, sd lod L, cl R to cp wall;
 7 - 8 sd lod L, draw R, tch R to L; sd rlod R, draw L, tch L to R;

Part D

1 - 4 **TWISTY VINE 3; THRU, FC, CLOSE; 2 SOLO TRNG WALTZES TO BFLY WALL**;;
 1 - 2 sd L, xRib (W xLif), sd L; xRif (W xLib), sd L, cl R;
 3 - 4 sd lod L trng lf (W rf) to fc coh releasing hands, sd lod R cont trng lf to fc rlod, cl L; bk lod R to fc wall, sd lod L, cl R to bfly wall;
 5 - 8 **PAS DE BASQUE L&R;; TWIRL VINE; THRU, FC, CLOSE TO CP WALL;**
 5 - 6 sd L, xRib, rec L; sd R, xLib, rec R in bfly wall;
 7 - 8 sd L, xRib, sd L (W rf twirl R, L, R); xRif, sd L, cl R to cp wall;

Ending

1 - 4 **DIP & TWIST; SPOT TWIRL; APART & PT**
 1 - 2 repeat meas 7 Intro; rec R, sip L, R (W rec L, rf twirl R, L);
 3 - 4 bk coh L, -, pt R twd ptr & ack in ofp wall;